



"You Are About To Learn The Easy-To-Master Secrets To Hypnotizing Anyone, Anywhere, At Any Time For Whatever Reason You Desire..."

Now You, Too, Can Hypnotize People Without Them Knowing.

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What Is Covert Hypnosis Exactly?

You may be familiar with the hypnosis you see on TV or at stage shows. You know the kind, the kind where a hypnotist is able to have people sit in a chair and then supposedly turn them into chickens, and things like that.

You may often ask yourself “Is that real, or is the hypnotist just using actors?”. The answer is of course, that yes, it is very real, however you may be surprised to know that there is a much more advanced form of hypnosis than that, a kind of hypnosis that can be used in your day to day life on people without them being aware of it. And this field is known as “[covert hypnosis](#)”.

It makes sense, if a hypnotist can hypnotize people at a stage show, then surely he'd be able to do it off the stage as well, when people aren't aware of it? The answer is of course that yes, a trained hypnotist can do just that.

You see, entertainment hypnosis is the only form of hypnosis that you're exposed to. Covert hypnosis, because its discreet, is a type of hypnosis you will never heard about, nor will you see it on TV. Covert hypnosis is of course, by its very nature... covert.

It's the type of hypnosis that politicians, faith healers, mentalists, illusionists, even psychics use in order to hypnotize many people into doing things, or thinking certain things. Covert hypnosis is used by professionals each and every day to make people fall in love, to bring them into false belief systems, to make them part with their money, and many other powerful things.

The powers of covert hypnosis are practically endless, and once this field is mastered, many things become possible. But how does it work exactly? [Covert hypnosis](#) works by influencing a person's subconscious outside of the person's conscious awareness. Whenever we're consciously aware of a suggestion, we cannot be hypnotized by it. This is because our consciousness contains a critical part to it, which constantly analyzes everything that passes through it.

If our conscious were to come across any information, or suggestion that it didn't agree with, then it would immediately reject it. For example, if I told you right now “you will raise your right hand”, you most likely wouldn't, since I'm giving your consciousness an instruction. If however I plant subtle suggestions within your mind, and then trigger these suggestions subconsciously, without you being consciously aware of it, then it becomes quite possible for me to make you raise your right hand.

As you can see, by its very nature, covert hypnosis isn't obvious. The only real way to tell if someone is using covert hypnosis on you is to learn the field yourself.

Is Hypnosis Real? Is It A Sham?

A lot of people who begin their research into hypnosis often ask the question “Is hypnosis real?” This is a very valid question, and is not one that should be dismissed.

The answer is of course that hypnosis is very real, but with hypnosis being an unregulated industry, there are a number of so called “gurus” and “hypnotists” who really don't have a level of training that is consistent with more professional hypnotists.

This can of course lead people to believe, after one or two failed attempts with hypnosis, that hypnosis doesn't work. The reason hypnosis fails is never because hypnosis doesn't work on the person. Everyone can be hypnotized, despite what some hypnotists may say. It simply comes down to the skill of the hypnotist concerned.

Recent research into hypnosis has shown that people can be broken into two “suggestibility” types. These include physical and emotional suggestibility. One easy way to think of it is that emotional suggestibility is more common to people who are introvert, whilst physical suggestibility is more common to people who are introvert.

Hypnosis has come a long way within the past thirty years. What was once a field that was used merely as a way to treat psychological ailments and for entertainment, has now become a field that can be used to persuade people to do many, many things.

Traditionally, hypnosis was used very directly, and it is still used in this manner today by many hypnotists. The fact of the matter however, is that only physical suggestibles respond to direct suggestions. Emotional suggestibles respond to indirect suggestions, and it wasn't until the time of Dr. Milton Erickson that a new discreet form of hypnosis began to emerge.

Erickson devised ways to [use hypnosis](#) in discreet settings, in a way that co-operated with a person, as opposed to a way that worked against them. Erickson allowed the apparent 50% of the population that “couldn't be hypnotized” to be hypnotized. So when people ask “Is hypnosis real?” just remember that it may be due to a failed experience by a hypnotist who wasn't aware of this new suggestibility typing.

In order for someone to be hypnotized, their suggestibility typing must first be identified. Once this is done, inducing someone into a state of hypnosis becomes a very easy process.

So as you can see, the answer to the question “Is hypnosis real?” is a definite “yes”, however it comes down to the skill of the hypnotist concerned as to whether or not hypnosis will be effective on you, now whether or not “is hypnosis real”.

How Easy Is It To Learn Covert Hypnosis?

So, you want to learn [covert hypnosis](#)? No doubt you're thinking that the process must take years of practice and study, and that it is incredibly difficult. You'd be pleased to know then, that the exact opposite is true.

Trying to learn covert hypnosis may seem to be initially difficult, but at the same time is actually elegantly simple. Learning all the theory behind how and why covert hypnosis works is the overwhelming part, and you may think to yourself “just how will I ever get the confidence to apply any of this”. You will however be surprised to find that once you start practicing it, even if you don't do things perfectly, people will enter into a trance and be suggestible to you quite easily.

You see hypnosis doesn't have to be perfect. We all have different personalities, we all speak differently with different vocabularies and tonalities. If you had to learn covert hypnosis “perfectly” then only a few people in the world would be able to do it, which of course is not the case at all. Many thousands of people around the world use covert hypnosis each and every day of their lives, and many of these people come from different cultural backgrounds, languages, and other upbringings.

Therefore the important thing to understand on your journey to learn covert hypnosis is that it's not how well you do it, but how much confidence you have when you do it.

If you have a shaky voice, then a person is not going to be likely to subconsciously vest any form of authority in you. If however you have a firm, assertive, yet at the same time calm and relaxing tonality, then people are going to be naturally suggestible to you, even if you don't apply any other techniques that you would learn in [covert hypnosis](#).

Planting anchors within people, utilizing concepts of NLP, and other such techniques can all be helpful in your study of covert hypnosis, however they're by no means required in order to be a successful covert hypnotist. Many people are naturally able to hypnotize others, and what's most amazing of all, is that these 'natural hypnotists' aren't even aware they're hypnotizing anyone! Some people will just have a natural hypnotic tonality.

So if these people, who haven't spent any time in trying to learn covert hypnosis, can pull off these amazing feats, then you should be able to pull off much more with your knowledge. Of course knowing where to start can be difficult, and if you want to learn covert hypnosis then it's important to find a good course to learn from.

Have You Been Hypnotized Today?

The thing I find fascinating with hypnosis is that it can be used on both ourselves and others quite easily. New people learning hypnosis often think that the process is needlessly complex or difficult, when in fact it isn't.

In order for hypnosis to work, someone must be placed into what's called a "trance". A trance is a state where someone is highly vulnerable and open to what's called "suggestibility".

When someone is in a suggestible state, they can be persuaded from the subconscious level to think or do things they normally wouldn't.

The interesting thing is, is that all of us have experienced this form of suggestibility at some point in our lives, and will again in the future. Most of us however, do not ever realise that we've been hypnotised. Even more interesting is that you yourself may have hypnotised someone in the past without you even knowing it!

Those of us who understand hypnosis are able to recognise when and how to use it in our every day lives.

One very common misconception with hypnosis is that it can be used against a person's will. Hypnosis cannot ever be used against a person's will, as a person must always subconsciously be willing to do any action that they are asked to perform. Any notion that hypnosis can be used for "[mind control](#)" is false, although it does become possible to indirectly control a person's actions, without them being aware of it, and I will teach you about this later.

Some Tips To Learn Stage Hypnosis

If you've ever been to a stage hypnosis show, you may have been quite impressed with the seemingly magical feats displayed by the stage hypnotist. Perhaps you thought that you too would like to learn stage hypnosis, and how it works.

In this article I will be discussing the basic principles behind stage hypnosis and how it operates. This should give you an understanding of the techniques involved, and help you in your journey to learn stage hypnosis.

To begin with, a stage hypnotist will always conduct some form of induction with the audience before getting to the real “meat” of the show (which is bringing people up on stage to be hypnotized). This induction normally consists of having all the audience imagine that they're in some distant place, or having them raise both of their hands and imagining that one is lighter or heavier than the other.

What this does is it relaxed the audience and sets them in the mood to be hypnotized. You see, once someone has been hypnotized once, they can easily be rehypnotized again by the same person with just the click of a finger.

The trick with stage hypnosis is to [hypnotize the audience](#) before volunteers are brought up on stage. Since the volunteers would have been hypnotized at the beginning of the show when they were in the crowd, they will easily fall into hypnosis again once they come up on stage.

This is a crucial step that you should be aware of if you wish to learn stage hypnosis. Most people are not aware that when the hypnotist is guiding them into hypnosis, and explaining to them what hypnosis is, that they're actually becoming perfect volunteers. If the hypnotist just asked someone on the street to come up on stage, then odds are the hypnotist wouldn't be able to hypnotize them with just the click of their fingers.

Now once an audience member comes up on stage, they will already have confidence in the hypnotist, especially since they experience hypnosis earlier, and are aware of what it is. This builds up expectation in the person that hypnosis will work. All the hypnotist must then do is simply click their fingers, and the person will enter into a trance state. Once a person is in this state of trance, they become susceptible to whatever suggestions the hypnotist wishes to plant.

One of the most popular suggestions is of course to make a person believe they're a chicken, although if you want to learn stage hypnosis, it's always good to improvise and try something different.

How To Hypnotize Someone Voluntarily

Hypnotising someone who volunteers to be hypnotized is a surprisingly simple process. Since the person wants to be hypnotized to begin with, their subconscious will be highly responsive to any suggestions you give them.

There is a simple 6 step process that I follow whenever I hypnotize people who volunteer to be hypnotized. You can follow it too by practicing it on a friend or family member.

The 6 Step Process

1. First of all, you want to make sure the person is laying down on a bed or sitting in a chair, and is relaxed. Make sure you're somewhere quiet, where there's not much of a chance that you will be disturbed.
2. For the second step, you want to tell the person that they will feel themselves becoming deeply relaxed. You could say something such as "and as you listen to my voice, you will feel your body becoming deeply relaxed now".
3. Once the person is relaxed, have them imagine that they're walking down a staircase of 20 steps, and ask the person to count in their minds from 20 down to 0 as they take each step down. Tell the person that at the end of the staircase is a state of deep relaxation that cannot be seen, only felt. Let the person count their steps in their own mind, don't say it out aloud for them. You can even give the person a couple of minutes to do this, as it does not matter if there's a minute or two of silence once they reach the last step.
4. Say the following to the person: "As you feel yourself in this deeply relaxed state, you will notice that your right hand is so relaxed, that it feels as if it has a thousand heavy blankets on top of it. No matter how hard you try to lift up your right hand, you won't be able to". You will notice that the person will be unable to lift up their right hand. Have the person do this with their left hand, and both of their feet (this is a process known as a 'deepening technique').
5. Once this is done you may plant any suggestions you like within the person. You could tell the person they will feel more confident, tell them that they won't want to smoke ever again, tell them that they will exercise frequently in order to lose weight. You can plant almost any suggestion you like within the person.
6. Once the above steps are complete, simply have the person imagine that they're walking back up the flight of stairs again, counting in their minds from 0 until 20. Tell them that once they reach the top step at 20, they will open their eyes and feel wide awake and fully alert.

Practice the above example a few times until you become confident with it. Confidence is the key to using hypnosis successfully, and once you acquire that confidence, the process becomes quite easy.

The Truth Behind The Faith Healer Scam

You've heard of all the big name faith healers that you see on TV performing miracle crusades. Like most people, you may be inclined to believe that there must be some power behind the feats that you see.

Believe it or not, but everything that you see performed by these people is simply [covert hypnosis](#). Or I shouldn't really say 'simply', because covert hypnosis can become incredibly advanced, and be disguised so well (especially with the showmanship you see these faith healers use).

So how does it work exactly? First of all, the faith healers create the expectation within the audience that they will be healed. This is known as creating a 'false reality', which comes from the field known as 'mentalism'. When you combine mentalism and hypnosis together, you can start to perform some truly awe inspiring acts.

Since the audience are expecting to witness miracles, they setup the false reality within their subconscious that they 'will' see the faith healer performing a miracle.

The power of the placebo effect (convincing ourselves to believe in something, even if it isn't true) is incredible, and is so powerful that it's even recognised in the field of Medicine to determine whether a drug is real or simply has a 'placebo' healing effect. Needless to say, the power of our mind is incredibly powerful.

What faith healers will do is basically make people heal themselves through placebo, since the people within the audience so genuinely believe that what the faith healer is saying is true, they create this false reality, which can in turn actually be beneficial to them.

As they say, sometimes ignorance is bliss, and perhaps this secret with faith healers is one you won't want to spread around. [The Art Of Covert Hypnosis Course](#) explains how Mentalism can be combined with hypnosis to create these same sort of false realities, including the ones that faith healers use.

Be advised though, if you do delve into this field further, you may see a side of the world you never thought existed.

How Leaders Sway The Masses Through Covert Hypnosis

Have you ever been in a group setting where you just felt naturally compelled to go along with what everyone else wanted?

Let's say you were with a group of friends and everyone decided on a certain place to go out to. This may have been a place that you normally wouldn't have gone out to, but because everyone else in the group was in agreement, you actually wanted to as well.

This is an example of what's known as the 'crowd mentality'. Whenever we are in a group where we're accepted, we want to do everything we can to remain a part of that group, even if we're not consciously aware we feel this way.

Now let's look at how this same situation could be applied to a riot or protest. Many people in riots or protests are naturally law abiding citizens, however because they have a common interest with everyone else present, they may feel compelled to naturally go along with any riotous or violent behaviour that takes place, even if it wasn't something they intended to do.

Take this same concept and apply it to a national level, and you can see why normally innocent, gentle citizens, turned into raging killing machines throughout every age of history as dictators and corrupt leaders abused the vulnerability of the masses for their own twisted goals.

In a less subtle form, politicians still use the 'crowd mentality' to their advantage. The crowd mentality you see, is simply a form of [mass covert hypnosis](#). It's a way of hypnotizing people into believing in a certain ideal, or cause, from a subconscious level.

People don't realise that the reason they're believing in a cause is simply because "everybody else is". We like to think we have come to our own judgements and conclusions, when in reality we're looking at what other people are saying, and doing. This of course becomes a cumulative effect, as the more people that support a politician, the more likely people are to follow their lead.

Next time you watch the news, pay careful attention to the speeches that politicians use. You may be quite surprised with the words they use to sway mass amounts of people to follow their ideals.

Using Covert Hypnosis In YOUR Life

Now that you have an understanding of the mass scale that covert hypnosis is used, you may be wondering how it could ever be useful to you?

You don't have to use covert hypnosis to hypnotize thousands of people like faith healers or politicians do. Instead, you can use covert hypnosis to just hypnotize the occasional person you meet in your day to day life, whether it be the beautiful blonde in the bar, or even your boss.

Believe it or not, but thousands of ordinary citizens use covert hypnosis like this, without anyone ever being aware they're doing so. Have you ever seen someone attractive going out with a member of the opposite sex who looked sleezy, and you just thought to yourself "What on earth do they see in them?" odds are that the person could be using covert hypnosis.

The thing with covert hypnosis is that you're never aware when it's being used, not unless you learn the field yourself of course.

If you've started studying [Covert Hypnosis Course](#) by Steven Peliari (**Chairman of the International Hypnosis Association**), then you will have already seen just how easy it is to hypnotize people without them being aware of it. I know it's a frighteningly simple process, and that's what most people don't understand – just how simple it really is.

As you start to apply the techniques in this course you will notice (if you haven't already) that people that wouldn't normally even look at you, will become like your loyal servants, willing to do anything you ask of them.

This does of course give you first hand experience of this 'hidden' side to the world that most people aren't aware of. Some people are afraid of this real form of 'knowledge', but if you're not, and you're willing to take the plunge, then I look forward to seeing you join me, and the thousands of others, that use hypnosis discreetly in our day to day lives to achieve many powerful goals.



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